

# Hybrid<sup>™</sup> Universal Interface

### Sizing and Fitting Guide - 06035 Rev C

(We recommend viewing the instructional videos located on the product CD and on our website prior to using this supplemental fitting guide.)

### 1. Sizing the Cushion

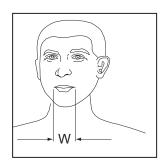
A.



Place the cushion over the mouth and inspect for complete clearance around the lips:

Adequate clearance – appropriate size Not enough clearance – try larger size Too much clearance – try smaller size.

OR



Measure the width (W) of the mouth as shown in the diagram:

| Width - W           | Use Cushion |
|---------------------|-------------|
| > 2.35" (59.7 mm)   | LG (Large)  |
| from 2.35" to 2.10" | MD (Medium) |
| < 2.10" (53.3 mm)   | SM (Small)  |

B.



Confirm that the chin flap fits securely and comfortably under the chin. If the flap fits too tightly, try the next larger size of cushion.

### 2. Sizing the Pillow



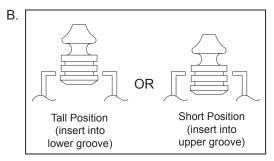
Place nasal pillows into nostrils. An appropriate size pillow should seal against the rim of the nostril.

### 3. Choosing the Appropriate Pillow Height Position

A.

Measure the upper lip (L) distance shown in the diagram:

L > 0.3" (7.6 mm) : Use TALL postion L < 0.3" (7.6 mm) : Use SHORT position



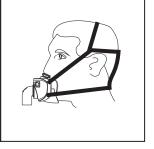
Insert pillows as shown into the corresponding grooves on the cushion to achieve the desired pillow height position.

## 4. Fitting the Interface

A.

1. Insert pillows

2. Rotate



- 1. Insert the nasal pillows at an angle into the nose then
- 2. Rotate the cushion downward over the mouth.

cushion

В.



Confirm that the upper seal of cushion lies completely above the mouth on the upper lip. Reposition as needed.

С



Confirm the pillows are seated inside the nose and on the rim of nostril. Use fingers to guide pillows into the correct position.

### 5. Adjusting the Headgear

Α



Confirm that the label on the headgear faces outward and up. Make sure that the straps are not twisted or on the ears.

В.



Gently pull each of the four side straps to acheive an overall even and balanced pressure and fit between the cushion and the face.



Adjust the overhead strap on the headgear until the pillows fit comfortably against the nose.

### 6. Adjusting for Leakage after applying air pressure

Α.



Small leak at nasal pillows:

- 1. Repeat steps 4(B) and 4(C).
- 2. Gently tighten the overhead strap on the headgear.

В.



Nasal pillows are not maintaining adequate contact with your nose:

- 1. Place pillows in tall position as shown in step 3(B).
- 2. Repeat steps 4 and 5.

C.



Small leak at oral cushion:

- 1. Lift the interface slightly off the face and reposition.
- Repeat steps 4(B) and 5(B). Do not over-tighten headgear straps as this may create discomfort.

If you are unable to resolve leaks, you may need to try one of the alternative nasal pillow or oral cushion sizes included in your Hybrid interface package.

Tip: Although the swiveling elbow on the Hybrid allows you to route the CPAP hose in all directions, the quietest experience will occur when the CPAP hose is routed in the downward direction.

### 7. Removing the Interface



Gently press interface towards face and push one of the lower quick release buckles forward until it unsnaps. Pull interface and headgear away from head.

#### REMEMBER THE KEYS TO A GOOD FIT WITH THE HYBRID ARE:

- Proper oral cushion size
- Proper nasal pillow size
- Appropriate pillow height position
- Upper seal of cushion completely above mouth on the upper lip
- Headgear worn correctly
- Adjust four side straps similarly for an even, balanced fit
- Adjust the overhead strap on the headgear

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For futher fitting instructions, please reference the Fitting Tips video located on the product CD and on our website.

Technical Support: 800-200-9842, Ordering: 888-280-6578 WWW.HYBRIDMASK.COM